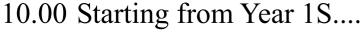
Gozo College Nadur Primary Thursday 17 November 2011

08.45 Healthy breakfast in class.

Milk / Cornflakes / Muffin distributed to children by parent volunteers. Children bring their bowls and tea/spoons.

Ideally morning lesson are integrated into the same Healthy Lifestyle theme whether it is Maths, English Maltese or Social Studies.



Each class goes to the main hall.

Every child is provided with a sandwich and fruit salad.

Children bring 2 plastic enclosed containers for sandwich and fruit salad in their backpack.

After, each class proceeds to exit the school premises accompanied by the Activity Teachers. Before leaving, each child is provided with a bottle of fresh water.

H i k e (weather permitting)

Route 1: Kinder 1 & 2*

Route 2: Year 1, 2, 3

Route 3: Year 4, 5, 6

* Kinder classes start route at 11.15 after parents' meeting.

Picnic time Return to school by 12.30pm











